Oncoplastic Partnership Workshop Hands-On Skills Course In Partnership with the Canadian Breast Cancer Symposium 2020

Thursday, January 30, 2020
Time 7:00 am – 3:15 pm
Fairmont Château Whistler, 4599 Château Blvd, Whistler BC

Didactic Session Learning Objectives:

- Understand the anatomy and principles of oncoplastic surgery and selecting the right patient population
- Understand clinical tips and techniques for managing tumours in every location of the breast
- Understand how to manage potential complications arising from oncoplastic procedures
- Learn novel techniques for performing good oncoplastic mastectomies when breast conservation is not possible
- Understand patient selection for immediate pre-pectoral implant-based reconstruction.

Hands-on Skills Lab Learning Objectives:

- Become comfortable with patient assessment, markings, de-epithelialization and nipple recentralization
- Become comfortable with Crescent, Round Block, Racquet and VJ Mammoplasty technique

25% of this program is dedicated to participant interaction

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University.

You may claim a maximum of 6.5 hours (credits are automatically calculated).

| AGENDA | |
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| 7:00-7:30 | Breakfast and Registration |
| 7:30-7:40 | Opening Remarks – <i>Jeannie Richardson</i> |
| 7:40-8:00 | Introduction to Oncoplastics – Angel Arnaout Become familiar with types of oncoplastic techniques, indications for oncoplastic surgery and rationale for using these techniques |
| 8:00-8:10 | Breast Anatomy – Marianna Kapala Be refamiliarized with anatomy of the breast, learn blood supply specific to glandular tissue and implications for glandular rearrangement |
| 8:10-8:30 | Level 1 Oncoplastics – Marianna Kapala Learn primary glandular closure techniques, dual plane undermining, crescent mastopexy and indications for these techniques |
| 8:30-9:00 | Hands-On – Part 1 Crescent Mastopexy-De-Epithelialization and Level 1 Defect Closure All Faculty Practice level one oncoplastic techniques on breast simulators |
| 9:00-9:15 | BREAK |
| 9:15-9:35 | Level 2 Round Block – Jeannie Richardson Learn incision and indications/patient selection for Round Block mammoplasty and nipple recentralization aspects of this technique |
| 9:35-9:55 | Level 2 – Racquet – Muriel Brackstone Learn incision and indications/patient selection for Racquet mammoplasty and nipple recentralization aspects of this technique |

| 9:55-10:45 | Hands-On Part 2 |
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| | Round Block and Racquet - All Faculty |
| | Learn how to make incisions for these Level Two Oncoplastic techniques and practice recentralizing nipple and closing gland appropriately |
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| 10:45-11:00 | BREAK |
| 11:00-11:20 | Oncoplastic Mastectomy – Angel Arnaout |
| | Learn how to optimize incision and mastectomy closure techniques for best aesthetic outcome |
| 11:20-11:35 | Prepectoral Implants – Christopher Doherty |
| | Learn about prepectoral implant-based immediate breast reconstruction and |
| | appropriate patient selection in conjunction with your plastic surgeon |
| 11:35-11:45 | Demo Prepec with ADM – Christopher Doherty |
| | Learn how prepectoral implants are placed and an appreciation for the |
| | mastectomy skin flap thickness required for optimal outcome |
| 11:45-12:30 | LUNCH |
| 12:30-12:50 | V-J Mammoplasty – Muriel Brackstone |
| | Learn the incisions and indications/patient selection for this mammoplasty |
| | technique and now to manage inframammary fold discrepancy/nipple |
| 12:50-1:15 | Hands-On Part 3 |
| | V-J Mammoplasty – All Faculty |
| | Practice VJ mammoplasty techniques on breast simulator including |
| | optimizing glandular closure and managing the nipple location |
| 1:15-1:30 | BREAK |
| 1:30-1:45 | Beyond Level 2 – Renee Hanrahan |
| | Learn about more advanced methods of oncoplastic surgery including |
| | reduction mammoplasties including appropriate patient selection |
| 1:45-2:00 | Complications – Renee Hanrahan |
| | Learn about complications of oncoplastic surgery and how to manage them, |
| | including hematoma, lymphedema, flap necrosis and nipple necrosis |
| 2:00-2:45 | Small Group Case Discussions – All Faculty |
| 2:45-3:00 | Closing Remarks – Jeannie Richardson |
| 3:00-3:15 | Evaluation and Feedback |

This program has received an educational grant or in-kind support from:

Medtronic, Vector Surgical and Integra