

Oncoplastic Virtual Hands-On Workshop
Friday, March 26 and Saturday, March 27, 2021
Virtual via Zoom

By the end of the didactic sessions participants will be able to:

- Analyze a range of oncoplastic breast surgical techniques and their indications in order to select the most appropriate procedure for individual patients.
- Identify the anatomy and principles of oncoplastic surgery and select the right patient population.
- Apply clinical tips and techniques for managing tumours in every location of the breast.
- Recognize how to manage potential complications arising from oncoplastic procedures.
- Demonstrate novel techniques for performing good oncoplastic mastectomies when breast conservation is not possible.
- Select patients who need immediate implant-based reconstruction.
- Recall tips and strategies to incorporate oncoplastic surgery in a highly efficient breast surgical practice.

By the end of the simulation sessions participants will be able to:

- Demonstrate patient assessment, markings, de-epithelialization and nipple recentralization.
- Show Crescent, Round Block, Racquet and VJ Mammoplasty techniques.

Friday, March 26, 2021 5:00 pm – 8:00 pm	
Moderated by: Muriel Brackstone – Didactic Sessions	
5:00-5:10 pm	Opening Remarks – Dr Jeannie Richardson
5:10-5:40	Introduction to Oncoplastics – Dr Angel Arnaout By the end of the session, participants will be able to <i>Review oncoplastic techniques, indications for oncoplastic surgery and the rationale for using these techniques</i>
5:40-6:00	Breast Anatomy – Dr. Marianna Kapala By the end of the session, participants will be able to <i>Describe the anatomy of the breast, learn blood supply specific to glandular tissue and implications for glandular rearrangement</i>
Moderator: Dr. Angel Arnaout – Level 1 Oncoplastic Surgery	
6:00-6:20	Level 1 Oncoplastics – Dr. Marianna Kapala By the end of the session, participants will be able to <i>Apply primary glandular closure techniques, dual plane undermining, crescent mastopexy and indications for these techniques</i>
6:20-6:40	Level 1 Crescent – Dr. Jeannie Richardson By the end of the session, participants will be able to <i>Identify incision and indications/patient selection for Crescent mammoplasty and indications for this technique</i>
6:40-7:00	Level 1 Round Block – Dr. Jeannie Richardson By the end of the session, participants will be able to <i>Identify incision and indications/patient selection for Round Block mammoplasty and nipple recentralization aspects of this technique</i>

7:00-7:30	<p align="center">Hands-On – Part 1</p> <p align="center">Level 1 Defect Closure, De-epithelialization, Crescent and Round Block Mammoplasty</p> <p align="center"><i>Drs. Arnaout, Kapala, Brackstone, Richardson, Peiris, Hanrahan</i></p> <p align="center">By the end of the session, participants will be able to</p> <p align="center"><i>Practice level one oncoplastic techniques on breast simulators</i></p>
7:30-7:45	Closing Remarks – Dr. Jeannie Richardson
7:45-8:00	Learners will complete the online program evaluation
<p>Saturday, March 27, 2021</p> <p>7:50 am – 3:15 pm</p>	
7:50-8:00 am	Opening Remarks – Dr. Jeannie Richardson
Moderator: Dr. Jeannie Richardson – Level 2 Oncoplastic Surgery, Part 1	
8:00-8:20	<p align="center">Level 2 Racquet – Dr. Muriel Brackstone</p> <p align="center">By the end of the session, participants will be able to</p> <p align="center"><i>Identify incision and indications/patient selection for Racquet mammoplasty and nipple recentralization aspects of this technique</i></p>
8:20-9:20	<p align="center">Hands-On Part 2</p> <p align="center">Racquet Mammoplasty</p> <p align="center"><i>Drs. Arnaout, Kapala, Brackstone, Richardson, Peiris, Hanrahan</i></p> <p align="center">By the end of the session, participants will be able to</p> <p align="center"><i>Practice incisions for this Level Two Oncoplastic technique and practice recentralizing nipple and closing gland appropriately</i></p>
9:20-9:30	Question & Answer (Debriefing)
Moderator: Dr. Mariana Kapala – Mastectomy & Reconstruction	
9:30-10:00	<p align="center">Aesthetic Mastectomy – Dr. L. Peiris</p> <p align="center">By the end of the session, participants will be able to</p> <p align="center"><i>Select optimize incision and mastectomy closure techniques for best aesthetic outcome</i></p>
10:00-10:30	<p align="center">Destigmatizing Immediate Implant Reconstruction – Dr. Jing Zhang</p> <p align="center">By the end of the session, participants will be able to</p> <p align="center"><i>Discuss implant-based immediate breast reconstruction and appropriate patient selection in conjunction with your plastic surgeon</i></p>
10:30-11:00	<p align="center">Small Group Case Discussions</p> <p align="center"><i>Drs. Arnaout, Kapala, Brackstone, Richardson, Peiris, Hanrahan</i></p>
11:00-12:00	LUNCH BREAK
Moderator: Dr. Renee Hanrahan – Level 2 Oncoplastic Surgery, Part 2	
12:00-12:30	<p align="center">Medial V Mammoplasty – Dr. M. Brackstone</p> <p align="center">By the end of the session, participants will be able to</p> <p align="center"><i>Choose the incisions and indications/patient selection for this mammoplasty technique and now to manage inframammary fold discrepancy/nipple location</i></p>

12:30-1:00	<p align="center">Lateral J Mammoplasty – Dr. Angel Arnaout</p> <p align="center">By the end of the session, participants will be able to</p> <p align="center"><i>Choose the incisions and indications/patient selection for this mammoplasty technique and how to manage lateral soft tissue discrepancy/nipple location</i></p>
1:00-1:30	<p align="center">Hands-On Part 3</p> <p align="center">V-J Mammoplasty</p> <p align="center"><i>Drs. Arnaout, Kapala, Brackstone, Richardson, Peiris, Hanrahan</i></p> <p align="center">By the end of the session, participants will be able to</p> <p align="center"><i>Practice VJ mammoplasty techniques on breast simulator including optimizing glandular closure and managing the nipple location</i></p>
1:30-1:45	Question & Answer (Debriefing)
Moderator: Dr. Angel Arnaout – Extending Your Practice	
1:45-2:15	<p align="center">Beyond Level 2 – Dr. R. Hanrahan</p> <p align="center">By the end of the session, participants will be able to</p> <p align="center"><i>Use more advanced methods of oncoplastic surgery including reduction mammoplasties and appropriate patient selection</i></p>
2:15-2:45	<p align="center">Complications – Dr R Hanrahan</p> <p align="center">By the end of the session, participants will be able to</p> <p align="center"><i>Outline complications of oncoplastic surgery and how to manage them, including hematoma, lymphedema, flap necrosis and nipple necrosis</i></p>
2:45-3:30	<p align="center">Small Group Case Discussions</p> <p align="center"><i>Drs. Arnaout, Kapala, Brackstone, Richardson, Peiris, Hanrahan</i></p>
3:30-3:35	Closing Remarks – Dr Jeannie Richardson
3:35-3:45	Learners will complete the online program evaluation

25% of this program is dedicated to participant interaction.

This program was co-developed with Canadian the Oncoplastic Working Group and was planned to achieve scientific integrity, objectivity and balance.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 7.0 hours (credits are automatically calculated).

This activity is an Accredited Simulation Activity (Section 3) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 2.5 hours (credits are automatically calculated).

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

*This program has received an educational grant or in-kind support from:
Medtronic, Vector Surgical and Integra*